2017 Newton Parks & Recreation Department along with Southern Biscuit will be sponsoring the
28th Southern Biscuit 5K Run/Walk & 1-Mile Fun Run
Saturday, August 19, 2017
Registration: Please complete one form per participant.
Applications are also available from our website at www.newtonnc.gov
You must specify whether your running in the
“Veterans” category or “Age Division”

Name: ________________________________
Street: ________________________________
City __________ State __________ Zip _____________
Phone ________________________________
E-mail ________________________________
5K Run: _________ 5K Walk: _________ One Mile Fun Run: _________
Gender: Male _______ Female _______ Age on Race Day: _________
Veterans Age Category: _______ Best Running Time PR: _________

Free Adult T-Shirt Size (Circle One)
S  M  L  XL  XXL

Release Waiver and Assumption of Risk: (PLEASE READ CAREFULLY).
In consideration of the acceptance of this entry, I, for myself and on behalf of my
heirs, assigns, personal representatives and next of kin, hereby release and hold harm-
less the State of North Carolina, the North Carolina Department of Transportation,
Catawba County, City of Newton, their officers, officials, agents and/or employees,
volunteers, other participant, sponsoring agencies, sponsors, advertisers, and if appli-
cable, owners and lessees of premises used to conduct the event.
I hereby confirm the risk of injury from the activities involved in 2017 Southern
Biscuit Soldiers Reunion 5K Run/Walk and One-Mile Fun Run is significant, including
the potential for permanent paralysis and death; and I knowingly and freely assume all
such risks, both known and unknown, even if arising from the negligence of the releas-
es or others, and assume full responsibility for my participation; and, I willingly agree
to comply with the stated and customary terms and conditions for participation. If,
however, I observe any unusual significant hazard during my participation, I will re-
move myself from participation and bring such to the attention of the nearest Newton
Parks & Recreation Department representative; that I have been informed and am
aware of the fact that certain risks of injury or other loss are inherent and immutably
connected to the activities in which I wish to participate.
I understand that 2017 Southern Biscuit Soldiers Reunion 5K Run/Walk and One-Mile
Fun Run and its staff are not responsible for the loss, theft, or any damages to personal
property which includes, but is not limited to bicycles, vehicles, tents, trailers, luggage,
etc. I understand that I can be removed from the run at any time for any reason with
no refund.
I assume all risks associated with running or walking in this event, including but not
limited to, falls, contact with other participants, the effect of the weather (including
high heat or humidity), traffic and the conditions of the road, all such risks being
limited to, falls, contact with other participants, the effect of the weather (including
high heat or humidity), traffic and the conditions of the road, all such risks being

Veteran’s Age Category: ______
Best Running Time PR: __________

1 MILE RUN
(1st place trophies awarded in these age
divisions ONLY)
(F) _____ 11 & under (M) _____ 11 & under
(F) _____ 12-15 (M) _____ 12-15
(F) _____ 16 & over (M) _____ 16 & over

5K Run: 8:30 a.m.

5K Pre-registration: $20.00 (CLOSED 5pm 8/17/17)
5K Late-Registration: $25.00 (8/17/17–8am Race Day)

1 MILE Fun Run Pre-registration: $10.00 (CLOSED 5:00 p.m. 8/17/17)
1 MILE Fun Run Late-Registration: $15.00 (8/17/17—8:00 a.m. Race Day)

Start/Finish:
Newton Recreation Department
23 South Brady Avenue
Newton, NC 28658

Awards:
Trophies awarded to Top Three Male and
Female Finishers (5K, Fun Run)
1st, 2nd & 3rd Place in Each Age Division
(5 Kilometer Only) (Fun Run 1st Place Only)

Special Awards
T-shirts to 5 Kilometer & Fun Run participants

Course Flat and Fast

Computerized Start/Finish by Young & Associates
One Mile Fun Run: 8:00 a.m.
5 Kilometer Run: 8:30 a.m.