

The Newton Parks and Recreation Department
are proud to be offering;

GYMNASTICS

LOVE
GYMNASTICS

CLASSES



Classes will be held on Wednesdays
Ages: 4 and Older

Instructor has over 30 years teaching experience.
Specializing in Recreational, Pre-School and Tumbling
for Cheerleaders Classes.

Class size is limited for individualized attention.

Cost: \$40.00 per month (discounts for multiple children
from same family).

Gymnastics is considered one of the best physical activities for children.
It's benefits include increased confidence, coordination, strength, balance and
flexibility. In addition, gymnastics is a good vehicle to increase a child's self
esteem as they progressively master new and more challenging skills. Class
curriculum includes core gymnastics skills as well
as strength and flexibility training.

To Register or if you need more information or have questions
contact, Jeff Brock at (828) 244-7446.

TUMBLE   
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