

A Proactive Way to Stay Healthy & Active

Life Line Screenings go beyond regular checkups to provide a more thorough look at your health.

Be Smart: Do More For Your Cardiovascular Health

No Plaque Buildup

Plaque Buildup



Advanced ultrasound technology looks inside your arteries for signs of plaque buildup

That's why **9 out of 10 cardiovascular doctors** support preventive screenings for those with key risk factors*

All 5 Screenings for \$149

**Carotid Artery/
Plaque Screening**

Ultrasound scan of the carotid arteries that screens for plaque buildup.

**Heart Rhythm
Screening
(Atrial Fibrillation)**

Screens for irregular heart beat.

**Abdominal
Aortic Aneurysm
Screening**

Screens for an aneurysm in the abdominal aorta, which could rupture.

**Peripheral Arterial
Disease Screening**

Screens for peripheral arterial disease in the lower extremities.

**Osteoporosis Risk
Assessment**

Ultrasound screen the heel bone to determine abnormal bone mass density.

*Key Risk Factors include Age 55+, High Blood Pressure, High Cholesterol, Diabetes, Obesity, tobacco usage, family history of CVD or stroke

We are coming to your neighborhood.

Where: Newton - Newton Recreation Center

When: Wednesday, October 26, 2016

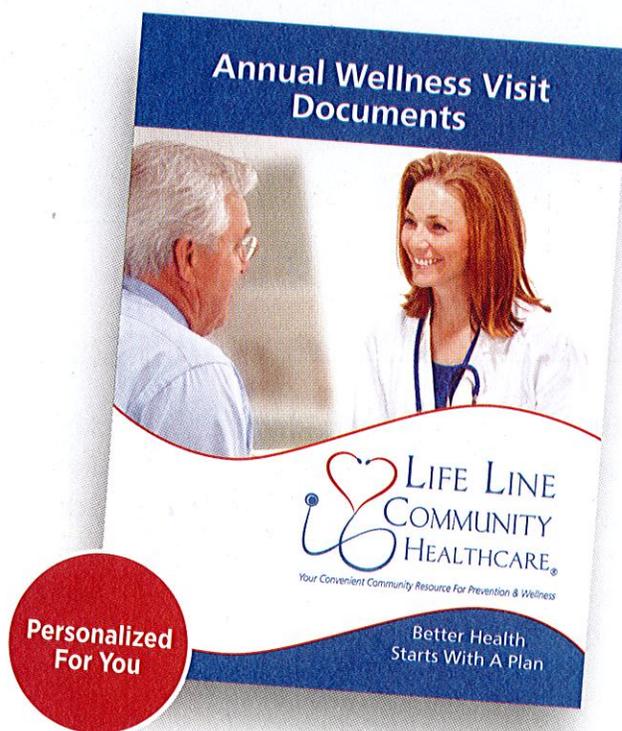
Please call **888-653-6450** to register for your screening and to receive a \$10 discount or visit www.LifeLineScreening.com/community-partners

Plot Your Route To Prevention & Wellness

**NO CO-PAY
UNDER
MEDICARE
PART B**

An Annual Wellness Visit Helps You Build A Plan For Better Health

- ✓ Get your Personalized Prevention Plan the Same Day
- ✓ Convenient one-on-one assessment with a Licensed Nurse Practitioner
- ✓ Develop a Personalized Prevention and Wellness Plan designed to keep you independent and active
- ✓ An AWV may seem similar to an annual physical, but it's different in many ways. An AWV provides a plan for better health, enabling you and your doctor to plan your preventive screenings and immunizations for the next 5-10 years



Schedule Your Annual Wellness Visit Today by calling **888-653-6450**
(Please have your Medicare card ready when you call)

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