



Come Join In-The-Mix-Fitness!!!

**Wednesday's
7:00 p.m.—8:00 p.m.
Newton Recreation Department**

**All classes are \$5 or you can buy a \$50
unlimited pass to use at all locations.**

**FIRST CLASS IS FREE!!! Bring a friend out and let them try our
new exciting fitness classes with music and lights. If it is your
first time coming, we want you to see the fun that we are
having. We know you will want to come back and join all of
the awesome people that are in the classes, plus burn
a ton of calories while having a blast!!**

Instructors are Cindy Quick & Amy Whisnant



**For further information about the class or to register please contact the
Newton Parks and Recreation Department at (828) 695-4317.**